

# Living communally and independently

This information sheet explains what we mean by living communally and independently in our lodges.

Foundation Housing is committed to providing a safe and comfortable environment for all residents living in our lodges. Communal living has its challenges and we understand the need for being mindful of the lifestyle choices of some residents (such as drug use and alcohol consumption) which can negatively impact others.

We also want to provide our residents with a safe and supportive environment to improve their well-being and allow them to reach their personal goals securing longer term accommodation.

## What does living communally mean?

- Being respectful and considerate when using facilities such as kitchens, bathrooms, showers, and toilets.
- Respecting fellow residents.
- Respecting other resident's privacy, personal space and their differences.
- Reporting any faults or damage immediately to the office.
- Disposing of rubbish appropriately.

## Living independently means:

- Being able to use kitchen and cooking facilities in a safe and appropriate manner.
- Using bathroom facilities in a hygienic manner.
- Having the ability to clean and tidy your personal space.

- Maintaining personal hygiene including washing your body and clothing often, cleaning teeth once a day, washing your hands regularly, covering your nose and mouth when coughing or sneezing (see Dept. of Health for further info).
- Completing daily tasks e.g. food shopping, medical appointments, and transport.
- Accepting responsibility for reporting faults or damage immediately to the office.
- Being able to appropriately dispose of rubbish.
- Being able to maintain your room to safe living standards.
- Clearing your room for pest control and maintenance if required.

A resident who doesn't follow their support plan, engage with an alternative support, or demonstrate they can live independently and communally with support, may place their residency at risk or may be better suited to a different accommodation type.